

# Make a Difference (MAD) Sunday 25th October 2020 –

During this Covid crisis we have been made more aware how connected we are and how much of what we do affects others. So this year more than ever we are asking you to reach out, spread a bit of kindness and make a difference. Highlight the stories of the hero's in your community. There are so many doing fabulous works of kindness and compassion in our community that go unseen, un-noticed and sometimes un-thanked. So this is an open invitation to everyone – *seriously everyone*, anywhere, any age, any background, and any religion. This beautifully simple initiative hopes to encourage **ALL** people make a conscious effort to do at least one simple thing to help another & share it on social media with the **#MADSunday** to help, support, inspire, give hope & encourage others! It can be as simple as saying thank you, sharing a positive message, tidying a park, sending a note of encouragement,...

**Let's create and promote a culture of kindness!!**

## On Sunday 25th Oct - MADSunday

The day is just a focus for something we should do and many are doing every day. So it's a day on which we are encouraging young and not so young, groups or individuals, parents & children, clubs & societies, families & friends, politicians & teachers, leaders... to make a conscious effort to reach out, help and look out for others and make a small difference in their home, community, school, parish, etc.. To consciously do at least one simple act of kindness and then share it with us/everyone by telling the story or on Social media/The Internet.

You can come together as a group to plan & do something or do something on your own (as long as it is safe to do so).

**Big or small – it's up to you! Be creative, get involved, do something and share it with us/everyone!! #MADSunday**

### WHY?

- Because for us it is the essence of our Gospel Message – highlighted in this month of Mission
- Essentially just because we can – *Let's be honest, sometimes it feels good to just do something good for another*
- For a second just dare to dream what our home, community, city, island, and world would be like if we all did a little act of kindness for someone else ...
- Because, at times, we underestimate the inspiration we are for others.
- ♦ It's great, inspirational at times, supporting and encouraging to share a bit of good news with others. God knows we need a bit of good news
- ♦ Let's flood the internet & Social media with GOOD News Stories!! Love & kindness are contagious!!

**Don't underestimate the inspiration you are & the Difference that you make!!**

For resources & ideas have a look at - <http://www.clondalkinparish.com/?p=5153> or [https://dublindiocese-my.sharepoint.com/:f:/g/personal/frank\\_brown\\_dublindiocese\\_ie/Eg6ZvUCb8bhLp4pLAhbd4uUBT8VM980U0Yp8HbRBO5qJmw?e=OpPLUC](https://dublindiocese-my.sharepoint.com/:f:/g/personal/frank_brown_dublindiocese_ie/Eg6ZvUCb8bhLp4pLAhbd4uUBT8VM980U0Yp8HbRBO5qJmw?e=OpPLUC)